

Sunvil Supper Club

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August 2016 - Kotopoulo Tis Yiayias (Grandma's Style Chicken)



Ingredients (serves 4)

- 1 whole chicken
- 3 cloves of garlic (chopped)
- 5 sprigs of thyme
- 250ml of olive oil
- 4 mushrooms
- 12 pearl onions
- 100 grams bacon (cut into small pieces)
- knob of butter
- salt and sugar to taste
- rice
- potatoes

Ingredients for sauce

- Homemade or ready made gravy
- 1 onion
- 100ml balsamic vinegar
- 1 tsp of honey

Method

- Preheat the oven to 180°C.
- Cut the chicken into 4 pieces. Put the chicken pieces into a large bowl and add salt, pepper and olive oil.
- Add the garlic and the thyme and mix together.
- Place some baking paper in the base of baking tray and add the marinated chicken.
- Place the tray of chicken inside the oven. After 45 minutes check that the internal temperature of the chicken is 80°C. If it is, remove the chicken. If not, cook for a little longer.
- For the garnish, clean the mushrooms and cut each one into 4 pieces. Sauté the bacon and mushrooms.
- Peel the onions and put in a small saucepan along with enough water to cover half of the onions. Add a little butter, salt and sugar and cook slowly until soft.
- For the sauce, chop the onion and sauté with butter and add the white wine and reduce.
- Add the gravy sauce and vinegar and add salt and pepper to taste.
- Once the sauce has thickened, turn off the heat and add the honey to your own taste.
- Serve the chicken with the garnish and sauce along with rice and/or roast potatoes.

Ta Kymata (Angelos Taverna) is the oldest taverna in Skopelos Town and has always been in the same family. The four brothers who currently run the taverna are the fourth generation after their great grandmother started it in 1896.

The brothers Rigas, Christos, Andreas and Christoforos started helping their father and uncle in the taverna as children!

The name of the taverna means 'The Waves' and is located at the end of the Old Port with beautiful views over the water and the bay of Skopelos. It is also often referred to as Angelos Taverna, the name of the brothers' father.

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